

# Lake Tahoe Summer Activities

Granlibakken has 5 tennis courts, swimming pools, Olympic Par Course, and scenic hiking on our grounds. In addition Granlibakken hosts the Sierra Challenge Ropes Course. Contact the Conference Coordinator for more details!

## Squaw Valley (530-583-6985 – 24 hour information)

**Ice Skating** at Squaw Valley's Olympic Ice Pavilion

Tickets *include* round trip Tram ride, 2 hour skate session and skate rental

**Swimming** – At High Camp

Tickets *include* Tram ride, pool and spa, locker and towel

**Swim and Skate** – High Camp & the Olympic Ice Pavilion

Tickets *include* tram ride, 2 hour skate session, skate rental, towel and locker at the pool and spa.

## Squaw Valley Tram to High Camp

At the top of the tram there is a restaurant and bar as well as numerous hiking and scenic opportunities.

**Climbing wall** – Headwall Corporation – You have unlimited time on the wall.

## Horseback Riding (530-583-7433)

1 hr – from 8:30 – 4:30 (every ½ hour) (children 6 & older may go on this ride)

\*\*\*220 pound adult weight limit\*\*\*

Pony rides – ½ hour (children under 6 – adult accompanies & leads pony)

## Alpine Meadows (530-583-3905)

**Horseback Riding**

\*\*\*Reservations are strongly recommended\*\*\*

Pony rides – 20 minutes (children under 5 – adult accompanies & leads pony)

## **Bicycle Rental & Bike Paths** (530-583-0123)

The bike path goes around lake, from Dollar Hill to Sugar Pine Point. The trail also follows the Truckee River from Tahoe City to Squaw Valley. Mountain bike rentals and guided tours are within a few miles of Granlibakken.

Northstar – (530) 562-2268 – 100 miles of trails

Cyclepaths – (530) 581-1171

The Backcountry (530) 581-5861 – Tahoe City

Olympic Bike Shop (530) 581-2500

Flume Trail – (775) 749-5349 (bike rentals and shuttle service)

## **Popular Mountain Bike Trails**

Flume Trail Mountain Biking

1/2 mile from Hwy 50 on 28, East side of Lake Tahoe, NV

Phone: 775-749-5349

(shuttle service runs every hour)

Marlette Flume Trail - Strenuous

This ride, an exciting singletrack 2000 feet above Lake Tahoe, is one of the most scenic anywhere. Most riders start at Spooner Lake. Take the north Canyon road to Marlette Lake dam (6 miles, 800 foot gain) and follow the historic flume line for 4.4 miles to Tunnel Creek Rd

### **Flume Trail Options:**

1. Reverse the ride back to Spooner Lake. Watch your speed and other visitors while descending North Canyon. 21 mi. roundtrip. 3 - 5 hours total.
2. Descend Tunnel Creek Road to Highway 28. This is a steep (1800 foot) and sandy 2.5 mile descent. Serious accidents have occurred here so watch your speed and other visitors. One way mileage from Spooner Lake is 13 mi. 3 - 4 hours total.
3. Backcountry loop back to Spooner Lake. Take the Tunnel Creek road toward Franktown Creek. Take the Red House Flume and follow dirt roads back to Marlette and Spooner Lakes. Loop mileage is 24 mi. and 2500 foot gain. 4 - 6 hours. This ride is recommended for strong, experienced riders only.
4. Backcountry loop to Spooner Lake via Tahoe Rim Trail. Take Tunnel Creek road uphill to Twin Lakes junction and take the Rim Trail north to Hobart/Marlette Road. Follow this road back to Marlette Lake and Spooner Lake. 4 - 6 hours. Loop mileage is 22 mi. and 2000 foot gain. Recommended for strong, experienced riders only.

## Popular Bicycle Routes

Tahoe City to Dollar Point - This 2 1/2 mile section of paved multi-use bike trail is mostly flat with a easy 1/2 mile climb up Dollar Point. Provides access to Burton Creek State Park, Skylandia Park, Lake Forest Beach, Lake Forest Boat Ramps and Campgrounds, Pomin Park, and Tahoe State Park. The Lake Forest Campgrounds feature fishing, playgrounds, picnic areas and athletic fields. Mountain bike trails are accessed over residential streets. TART serviced

Tahoe City to Squaw City - This 4 mile section of paved multi-use bike trail runs along the scenic Truckee River and is mostly flat with a few easy grades. The trail ends at Midway Bridge where you will find the [Western States Trailhead](#). The entrance to Squaw Valley is another 1/2 mile from Midway Bridge and access runs along the shoulder of Highway 89. Construction of a bypass to the highway is well under way and will make a beautiful addition when completed. This is a very popular, scenic path with the Truckee River lapping at the edges of the paved trail. Provides access to fishing, picnic areas and river rafting. TART serviced. From Squaw Valley there is a designated bike lane on Highway 89 to West River Road in Truckee.

Tahoe City to Sugar Pine Point State Park - This 9 mile section of paved multi-use bike trail runs along West Shore Blvd and includes several highway crossings, 2 miles of highway shoulder and residential streets. Some moderate grades are included. Scenic lake views. Provides access to Kilner Park, picnic areas, playgrounds, tennis, fishing, boating and campgrounds. Access to Ward and Blackwood Canyons await you at the end of this trail.

## Hiking/Walking ([www.tahoeadventuresports.com](http://www.tahoeadventuresports.com)) and ([www.tahoestbest.com](http://www.tahoestbest.com))

There are lots of wonderful hiking trails surrounding the Granlibakken property and at Squaw Valley.

Resources for equipment and information:

Alpenglow Sports - (530) 583-6917

Tahoe Trips & Trails - (530) 583-4506

Desolation Wilderness - (530) 573-2600

Dave's Ski Shops - (530) 583-6415 (bike, skate and kayak rentals)

Porter's Ski and Sports - (530) 583-2314 (bike and skate rentals)

### Popular Trails

Eagle Falls/Eagle Lake Trail - This trail starts at Eagle Falls Picnic Area, highway 89 across from Emerald Bay. Permits are required on this hike and a self-registration station is at the trailhead. The hike is only about 2 miles round trip to Eagle Lake (only about 1/3 mile to the falls); the terrain varies from steep to flat and crosses beautiful Eagle Falls on a steel footbridge

Emerald Bay Trail - Starts at the parking area on the north side of Emerald Bay, on Highway 89. It's a wide, well-maintained trail, but fairly steep, about 2 1/2 miles round trip. At the bottom of the trail is a picnic area, as well as world-famous Vikingsholm, a replica of a Scandinavian castle

Marlette Lake - Trail starts near Spooner Lake Picnic Area, at the junction of Highway 28 and 50, Nevada (green metal gate on east side of 28). It's about 5 miles each way to the lake but it's mostly mild terrain (one full day will do it). Years ago, its water was diverted to Incline Village via flume and used to shoot logs through a tunnel to Washoe Valley for use in the Virginia City mines. (no fishing.)

Rubicon Trail - This shoreline route starts in D. L. Bliss State Park, about 13 miles south of Tahoe City on Highway 89. The trail has moderate ups and downs, following an undeveloped portion of Lake Tahoe's shoreline for about 3 miles to the mouth of Emerald Bay. From there it follows the Bay shoreline another One 1/2 - Two miles to Vikingsholm. (NOTE: Vikingsholm up to Highway 89 is a steep mile but the hearty can return along the highway instead of doubling back on the trail.) Handicap accommodations are available with advance reservation. State Park fee: \$5 per vehicle. No dogs are allowed on the trails in state parks. Call (530) 525-7077 for information

Shirley Lake - It's in Squaw Valley and the trail starts at the end of Squaw Peak Road. (There are numerous trails which follow the creek up to Shirley Lake; this is one of them.) It follows Squaw Creek about 2 1/2 miles each way to Shirley Lake, passing gorgeous waterfalls and canyon boulders. (Top of tram to Shirley Lake adds considerable distance.) Going uphill, stay to the left of the creek; going downhill, stay to the right. The trail diverges and disappears at times but just keep following the creek and you'll get there. Carry water. The hike is somewhat difficult and takes 2 1/2 - 3 hours. Wear appropriate clothing and shoes

## Golfing

**Northstar Golf Course** – (530) 562-2490 – Truckee  
18 Holes, par 72, 6897 yards

**Resort at Squaw Creek Course** – (530) 583-6300, ext. 6637  
18 Holes, par 71, 6932 yards

**Old Brockway Golf Course** – (530) 546-9909 – Kings Beach  
9 Holes, par 35, 3250 yards

**Tahoe City Golf Course** – (530) 583-1516 – Tahoe City  
9 Holes, par 33, 2,700 yards  
Reservations can be made up to 2 weeks in advance – Strongly recommended for large groups

## In-line Skates

In line skates can be rented at the many stores in Tahoe City – Please refer to store listing under Hiking/Walking Section. Please call in advance to assure size and availability.

## ATV \* Jeep \* Hummer Tours (Tours subject to weather conditions) 530-577-2940

Lake Tahoe Adventures would like to invite you to enjoy the outdoors year round & experience the rugged beauty and the delicate ecosystem of the high desert in the pine nut mountains.

**ATV's** – 1 hour tour – 2 hour tour – 3 hour tour –  
4 hour tour – 6-hour tour –

**Jeep** – 2 hour tour – (2 person minimum)

**Hummer** – 2 hour tour – (3 person minimum)

## Lake Cruises

Tahoe Gal – (530-583-0141)

## Water Sports

Tahoe Water Adventures (530) 583-3225

**Parasailing** – is also available near Granlibakken.

Lighthouse Water Sports – (530) 583-7245  
Tandem rides are also possible – double the price.

Tahoe City Marina – (530) 583-1039

## **Water Ski – Wakeboard School – Watersports Center** (530-581-2066)

Bob LaPoint, World Champion Slalom Skier – Head Instructor

Also, complete lines of skis, wakeboards, wet suits are available for rental

**Boat Rentals** – Motor boats, sailboats, jet skis, canoes, kayaks, paddleboats, and more are available for rent or charter from several different marinas close to Granlibakken

Meeks Bay Marina (530) 525-5588

Tahoe City Marina – (530) 583-1039

Lakeview Sports – (530) 544-0183

Tahoe Water Adventures – (530) 583-3225

Tahoe City Kayak – (530) 581-4336

## **River Rafting** (530-583-0123)

River rafting on the Truckee River from Tahoe City to River Ranch Bar and Restaurant. Floating leisurely, please allow approximately 2-3 hours.

Granlibakken Rates: \$21.00 for adults & \$16.00 for kids.

Price includes transportation from River Ranch back to your car.

There is a 15-person minimum to have the company pick up and drop off here at Granlibakken

Raft-Truckee River Rafting – (530) 583-7238

Truckee River Raft Co. – (530) 584-0123

Tributary Whitewater Tours – (800) 672-3846

## **Fishing**

Tahoe Sport Fishing Company – (800) 696-7797

Tahoe Fishing Company – (530) 546-4657

King Fish Guide Services – (530) 525-5360

Mac-a-Tac Fishing Charters (530) 546-2500

Reel Magic Sportfishing – (530) 587-6027

## **Deep water fishing**

**Kingfish Guide Service** (530) 525-5360

All necessary bait and tackle are provided. Snacks, soft drinks and coffee are complimentary. Fish are cleaned and bagged in plastic sacks for transport. Summer departures are at 6 am. Winter 10am. *Reservations are strongly recommended in advance.*

## Miscellaneous Activities

**Heavenly Gondola** - Panoramic views of the lake - a spectacular ride up the ski area gondola. Scenic hiking. For info (775) 586-7000

**Hot Air Balloon Rides** - Spectacular adventures in hot air balloon rides overlooking Lake Tahoe and surrounding mountains and countryside. Lake Tahoe Balloons at (530) 544-1221, Balloons over Lake Tahoe (530) 544-7008. Both operations feature landings on boats on Lake Tahoe

**Shakespeare Festival** - at Sand Harbor at Incline Village, nightly in August, except Mondays. Bring a picnic & get some culture under the moonlight 800-74-SHOWS, also a Food Court & Wine Bar

**Thunderbird Lodge** - Located on the east shore of Lake Tahoe south of Incline Village  
Phone: 775-832-8750. The Thunderbird Lodge estate is one of the best examples of a historic "Tahoe society" estate and a 6-acre historic district listed in the National Register of Historic Places, which is surrounded by over 40,000 acres of Forest Service and Nevada State Parks land. Previously known as the Whittell Estate.

The following are the tour options for Thunderbird:

- Bus ride and walking tour/Visitors Center, IV - April through October
- Catamaran ride and walking tour/Hyatt-Sierra Cloud - May through September
- Yacht cruise, walking tour and lunch/Safari Rose or Tahoe - May through September
- Bus ride, lunch, and walking tour/Resort at Squaw Creek

## Useful Websites

[www.tahoebest.com](http://www.tahoebest.com)

[www.tahoeadventuresports.com](http://www.tahoeadventuresports.com)

[www.tahoeactivities.com](http://www.tahoeactivities.com)

[www.laketahoerecreation.com](http://www.laketahoerecreation.com)

[www.squawcreek.com](http://www.squawcreek.com)

[www.tahoevacationguide.com](http://www.tahoevacationguide.com)

[www.gotahoe.com](http://www.gotahoe.com) (South Lake Tahoe)

[www.discoverlaketahoe.com](http://www.discoverlaketahoe.com)